



**SABR Adult Program – Guidelines for Play during COVID-19**  
(In addition to existing Guidelines and In effect until further notice)

The follow Guidelines must be adhered to by all SABR Players, no exceptions. If you disobey, deceive, or ignore any of the below Guidelines, you will be immediately suspended from play, without refund, for 8 games. By signing this document, you agree to uphold these Guidelines at all times. In addition to those Guidelines and Restrictions implemented by the State, County, City, USASA, and FSSA, all Adult SABR League and Pickup players will adhere to the following Guidelines until further notice:

1. All players must have their SABR Player Cards at each game (Phone or Hard Copy). For contact tracing purposes, group photographs must be taken at the start of each game. Player's faces must be visible in the photo(s). Maintain 6 ft social distancing during photos (multiple group photos may be required to photograph everyone). Pickup Managers and League Captains are responsible for taking the photos and sending them promptly to [adultleague@sabrsoccer.net](mailto:adultleague@sabrsoccer.net) via text or email.
  - a. I understand that all players must be a SABR Member (Base or Advanced) with active FSSA Insurance in order for the SABR game to be covered by insurance. If a new, guest, or unsigned player attempts to join the game, I understand that I am forfeiting insurance and liability coverage, and that the game is no longer a SABR event.
2. Each game day, prior to arriving at the field, the player must answer the following questions. **If at any time he/she answers "yes" to any question, he/she cannot attend/play in the game.** A "yes" answer will require a 14-day self-quarantine in order to return to play. You cannot shorten the 2 week quarantine by taking a Covid test.
  - a. Have you tested positive for COVID-19 in the last 14 days? (If so, you cannot return until you obtain two negative tests)
  - b. Have you traveled via airplane in the last 14 days?
  - c. Have you had any symptoms of COVID-19 in the last 14 days, including but not limited to temperature greater than 100 degrees Fahrenheit, difficulty breathing, and/or cough?
  - d. Have you had contact with anyone with confirmed COVID-19 positive status in the last 14 days?
  - e. Will you cough or spit during the game?
3. If you test positive for COVID-19 within 5 days of attending a SABR activity, you must immediately notify your League/Pickup Manager via email. You will be required to quarantine from all SABR activities for 2 weeks, and obtain 2 negative test results prior to returning. Additionally, all attendees of the SABR game you attended will also be quarantined from SABR activities for 2 weeks following the game date. The two week quarantine cannot be shortened for any reason. I understand that this is the SABR Adult Program Policy.
4. An extreme effort to avoid contact (arm-length distance) must be made by all players during the game. If you encroach within arms-length of a player more than twice during the game, you will be suspended from play in accordance with these guidelines.
5. Park restrooms will be open, however we must maintain social distancing within the restrooms.
6. You cannot linger at the fields before or after the games. You must maintain social distance on the sidelines.
  - a. All players must exercise social distance while on the sidelines and during warm-up/stretchers.
  - b. Following the game, you must immediately leave the field after you collect your belongings.
  - c. Congregating, moving to adjacent fields, and socializing with anyone at the field or sidelines is not permitted.
7. Social Distancing/Contact & Masks:
  - a. Social distancing of at least 6 feet must be maintained at all times, including when entering and exiting the field.
  - b. Wear a mask while entering and existing the field area. Wear a mask while on the sidelines if not actively engaged in eating/drinking.
  - c. Spectators must wear masks and have social distance from all players and other spectators, at all times.
  - d. Bring hand sanitizer and use it prior to and following the game. Bring your own disinfectant/sanitizer and use on any surface you will touch.
  - e. Coughing and spitting is not permitted.
  - f. High fives, hugs, handshakes, and/or other physical contact is not permitted.
  - g. No sharing clothes, drinks, food, supplies. You must bring your own water. You cannot share water.

I HAVE READ THESE GUIDELINES ALONG WITH THE FSSA & CITY GUIDELINES, FULLY UNDERSTAND ITS TERMS, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.